A photograph of a lush garden. In the foreground, a stone path leads through a bed of brown mulch. To the left is a large, rounded green shrub. In the center, a tiered stone fountain with a small water spout sits on a stone base. To the right, several potted plants with orange and red flowers are visible. In the background, a white house with a light blue garage door and a red brick house are partially visible, surrounded by trees and a green lawn.

Geriatrics and Extended Care (GEC) Services



Required GEC Programs

Institutional Care

- VA Community Living Center (CLC)
- Community (Contract) Nursing Homes (CNH)

Non-Institutional Care (NIC)

- Home-Based Primary Care
- Geriatric Evaluation
- Contract Adult Day Health Care (CADHC)
- Purchased Skilled Home Care (PSHC)
- Home Hospice
- Homemaker/Home Health Aide (H/HHA)
- Home Respite Care
- Hospice & Palliative Care



Other GEC Programs

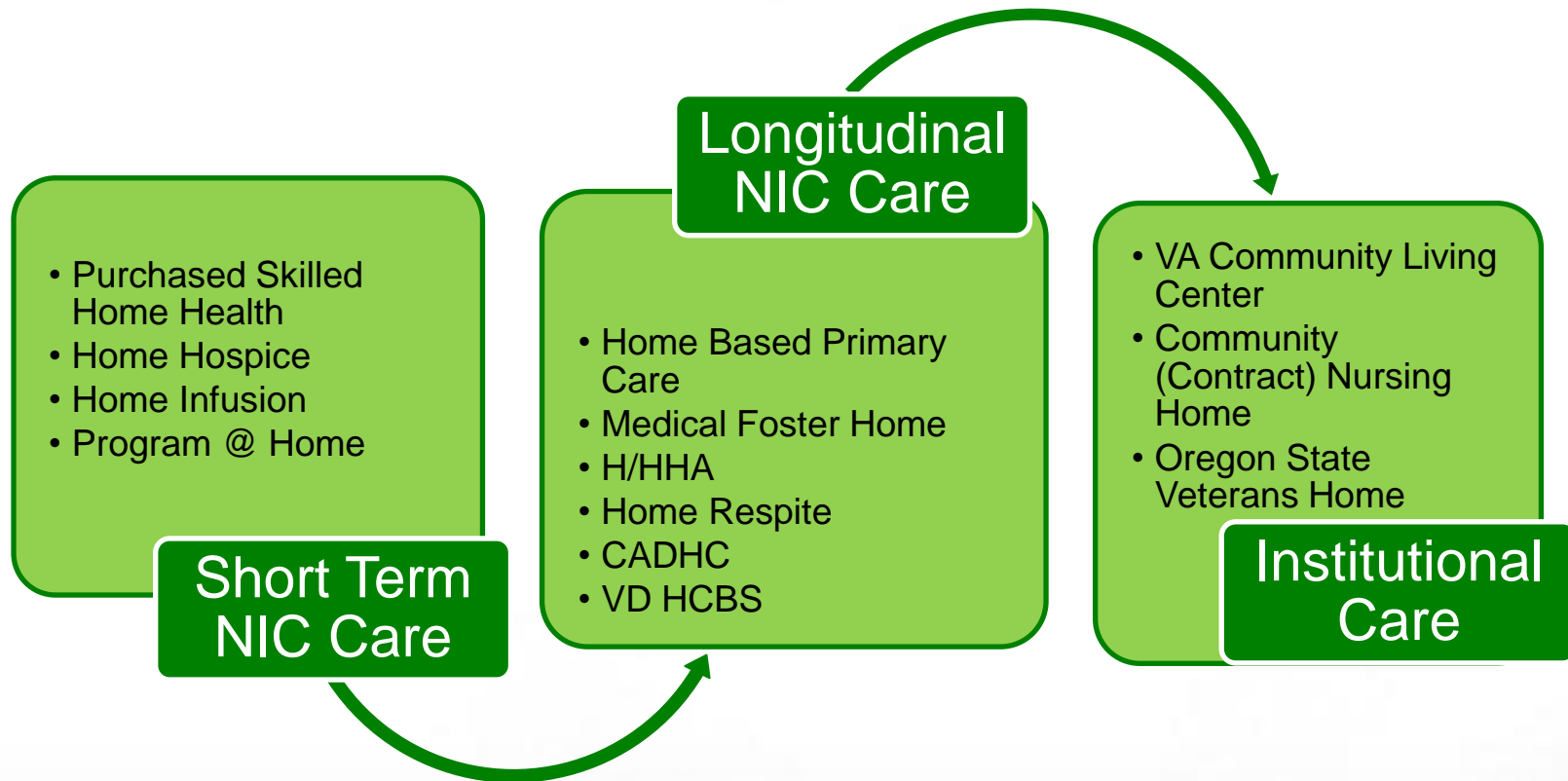
Institutional Care

- State Veterans Home

Non-Institutional Care (NIC)

- Veteran-Directed Home and Community Based Services
- Home Infusion
- Program@Home:
 - Alternative to Hospitalization COPD, CHF, Pneumonia, Cellulitis
 - Short length of stay 2-4 days with daily RN and/or MD visits
- Medical Foster Home:
 - Private home in which MFH caregiver provides room , board, and care
 - VA provides the quality and safety oversight of approved homes
 - Veteran is responsible for payment
- Community Residential Care
 - VA provides the quality and safety oversight of approved homes
 - Veteran responsible for payment

GEC Continuum of Care





VA Provided Institutional Care

Community Living Center (Vancouver)

- 72 beds
 - Skilled Nursing 28-30 beds
 - Hospice/Palliative 12-15 beds
 - Long-Stay 7-8 beds
 - Rehabilitation 20-22 beds
- Eligibility
 - VA is **authorized** to provide nursing home care to all Veterans who need such care and who meet the minimum length of service requirement
 - VA is **mandated** to provide nursing home care to Veterans who need such care and at least one of the following:
 - Who have a service-connected (SC) disability rated at $\geq 70\%$ +
 - Based on SC- disability or un-employability
 - Those whose need for such care is for a SC-disability



Purchased Institutional Care

Contract Nursing Home

- 40-45 Contracted Facilities
- Average Census – 100
- Eligibility
 - Any Veteran in need of such care (Nursing home level of care) for a Service-Connected disability
 - Any Veteran who is in need of such care (Nursing home level of care) and who has a Service-Connected disability rated at 70% or more

State Veterans Home

- VAPORHCS provides oversight and annual inspection
 - The Dalles (151 beds)
 - Lebanon (154 beds)
- Veterans must be in need of nursing home level of care



VA Provided Non-Institutional Care

HBPC:

HBPC is a comprehensive, longitudinal and interdisciplinary primary care delivered in Veteran's homes. Veterans who would especially benefit from HBPC are those at increased risk for hospitalization, nursing home placement, or emergency room utilization in the absence of the service.

- No Service Connected requirement
- 4 Teams in Portland/Vancouver, North Coast, Salem/Newport/Grand Ronde, Bend/Warm Springs
- Interdisciplinary Teams: MD/NP, Nursing, Social Work, Psychology, Dietitian, OT/PT, Pharmacy, Program Support
- Electronic consult and MD order



VA Provided Non-Institutional Care

Geriatric Evaluation Clinic:

- Comprehensive assessment with goals of reducing nursing home placements
- Process not a program
- Interdisciplinary Plan of Care
- May be provided in a variety of settings
 - Inpatient or Outpatient Geriatric Evaluation and Management Clinic
 - Geriatric Primary Care (Geri PACT) Clinic
 - Geriatric Problem-Focused Clinic
 - HBPC
 - Community Living Center



Purchased Non-Institutional Care

- Purchased Skilled Home Health
- Home Hospice
- Home Infusion
- Homemaker Home Health Aide (H/HHA)
- Outpatient Respite
- Veteran Directed Home & Community Based Services (VD- HCBS)
- Contract Adult Day Health Care



Purchased Skilled Home Care

PSHC: VA provider-ordered, in-home skilled services
“home health”

- No Service Connected requirement
- Community agencies provide services
- Must meet Medicare criteria: homebound
- Have “skilled” needs for: Nursing, PT, OT, ST, MSW
- Generally short term, focused care
- Electronic consult and MD order (requires VA PCP or Specialty MD to follow episode of care)
- Requires face to face visits with provider within last 30 days



Home Hospice Services

Hospice is comfort-oriented and supportive services for Veterans with advanced life-limiting disease.

- No Service Connected requirement
- Community agencies provide services
- Must meet Medicare end of life criteria
- Nursing, social work, therapy, chaplain, bath aide, volunteer services
- Emphasis is on comprehensive management of the physical, psychological, emotional, social, and spiritual needs of the Veteran
- Electronic consult and MD order



Purchased Care – Non-Skilled Services

- Veterans must meet the following eligibility criteria:
 - 3 or more ADL dependencies (eating, bathing, dressing, toileting or transfers), or
 - Significant cognitive impairment, or
 - Require services as adjunct care to community hospice services

OR

- 2 or more ADL dependencies, **AND** two or more of the following conditions:
 - Dependency in 3 or more IADLs (meal prep, shopping, money management, housework, etc.)
 - 75 years or older
 - Lives alone in the community
 - Clinical depression
 - Recently discharged from a nursing facility
 - Medical High utilizer (3+ hospitalizations or 12+ clinic/ECU visits/yr)



Homemaker/Home Health Aide

H/HHA is personal care and related support services provided in the home to frail or disabled Veterans who would otherwise require institutionalization.

- No Service Connected criteria
- Community agencies provide services
- Need to be nursing home level of care
- Focus of care is on ADLs
- Standardized assessment tool to determine hours/week
- Electronic consult and MD order (requires VA PCP)
- Prioritize end of life care, discharge from inpatient setting



Outpatient Respite

Respite is time-limited care provided for the purpose of helping the Veteran to continue residing primarily at home. Respite providers temporarily replace the caregivers to provide services ranging from supervision to skilled care needs.

- No Service Connected criteria
- H/HHA agencies provide services
- Need to be nursing home level of care
- Electronic consult and MD order (requires VA PCP)
- 30 days per calendar year (all respite)



Contract Adult Day Health Care

Adult Day Health Care is a therapeutically oriented outpatient program offering health maintenance, rehabilitative services, socialization, and caregiver respite and support.

- No Service Connected requirement
- Contract with 4-5 centers (Portland, Vancouver, Corvallis)
- Need to be nursing home level of care
- Prioritize Veterans at end of life or discharging from inpatient
- Generally 2 days/wk.
- Electronic consult and MD order (requires VA PCP)



Veteran Directed HCBS

VD-HCBS VHA collaborates with State Area Agency on Aging to provide Veterans at risk of nursing home placement with a flexible array of Veteran-selected in-home services for maintaining Veterans in their homes.

- No Service Connected requirement
- Collaborative with Multnomah, Washington, and Clark County Aging Services with plans to expand to Clackamas and Marion
- Need to be nursing home level of care
- Veteran receives monthly budget for approved plan of care
- Electronic consult and MD order (requires VA PCP)



Resources

Geriatrics and Extended Care Guide to Long-Term Services and Supports

<http://www.va.gov/GERIATRICS/Guide/LongTermCare/index.asp>



Questions?