

# Are you caring for a Veteran?

You are cordially invited to: The 4<sup>th</sup> Annual Family Caregiver Conference "Unsung Heroes"

#### WHEN:

Monday, November 9, 2015 9a.m. – 3p.m.

### WHAT:

## Talks:

"Life's Transitions: Coping with changing roles"
"Courage, Vulnerability & Caregiving"
"Make It Count: Strategies for Living Your Values"

Caregiver Panel, Healing Touch & more!

#### WHERE:

PCC Rock Creek Campus Event Center 17705 NW Springville Rd. Portland, OR 97229

With video teleconferencing at the Bend Clinic

To RSVP please call 503.220.8262 x 58922 by October 23, 2015 Conference, refreshments & event parking are free.

