



Freedom is hard won

This 4th of July morning

Take The Heroes' Challenge

Bike or Run or Walk or Sponsor

CHALLENGING HONORING REWARDING

BIKE “37-clicks” over REALLY Ruthless Terrain (24.2-miles starts 0700)

Brutal little mountains, 4 HC rated climbs—encompassing 13 total miles, grades from -13% to +20%

or **RUN ½ Marathon-Plus “3-clicks” over Demanding Terrain** (14.79-miles starts 0830)

or **Do a 5K+ “1-Click” Country Stroll Fun WALK/RUN** (3.6-miles starts 0930)

& get pledges! **Individual with most \$ collected wins 1-night at Skamania Lodge**

go to **UltraSignup.com** \$25 PRE-registration fee for EACH event

\$40 DAY of Registration fee for EACH event

for Updates on The Heroes' Challenge go to Facebook: **BackaHeroToday**

for pledge sheets or more info. email **BackaHeroToday@gmail.com**

all events begin & end at Cape Horn Skye Elem. School 9731 Washougal River Rd., Washougal WA 98671

Freedom is hard won, but our soldiers do it every day... take the Heroes' Challenge