

**Community Military Appreciation Committee (CMAC)
Meeting Minutes of January 14, 2022
VIA Zoom**

Executive Board Members Present: Co-Chairman – Larry Smith, Co-Chairman– Mike Burton; Operations-Marlene Varga, Secretary – Stephanie Collazo-Serrano, Treasurer – Bruce Evans, Board Directors Present: Chaplain - James Mead (Excused) Supply/Website - Bill Hauser (Excused), Safety-Roy Billings, Outreach -Dan Sockle, Members at Large Present: Frazier Raymond (Excused), Sean Gibson, Alex Patterson (Excused); Elizabeth Johnston (Excused), Samantha Whitley, Teresa Wheeler, Minh Pham, Ron Powers, Jay Williams (Excused), Michelle Marra (Excused), Sarah Nein (Excused) [12]

CMAC Members Present: Patrick Locke (40et8), Buck Marr (MOAA), Amanda McCullum (1st Choice), Tom Barton (Radio Club), Sarah Fox (VFW), Anne Phillips (CTL at Home), Curt Loop (AUSA), June Lasch (Red Cross), Richard McHugh (CVI), Bob Day (PT Boat) [10]

Meeting called to order by Larry Smith

1. Pledge of Allegiance: Larry Smith
2. Prayer/Inspiration: Larry Smith

CMAC Scheduled Events:

- Our Community Salutes-March 30, 2022, 6:30pm, Skyview Highschool

CMAC 2022 40 et 8 and Zoom

Jan 28 th	40et8 and Zoom	8:30 AM
Feb 11 th	40et8 and Zoom	8:30 AM
Feb 25 th	40et8 and Zoom	8:30 AM
Mar 11 th	40et8 and Zoom	8:30 AM
Mar 25 th	40et8 and Zoom	8:30 AM

CMAC Summary

- Sean went over the details of Our Community Salutes. As of now the event is on, but will continue watching news coming from the school districts as time progresses.
- Marlene will start working on Memorial Day Ceremony to be similar to last years.
- Dan Sockle shared they are still working on brainstorming ideas for Heroes Night to take place this summer. They are looking for a location to hold the event.
- Larry encouraged everyone to invite those they may know to our January 28th who might be interested in being a part of CMAC and reminded everyone that we are not a veteran organization, but a patriot organization.
- Mike shared that the Patriot Guard Riders hold Remembrance Ceremonies for those we lost in the War on Terror in Clark County. The families of the fallen soldiers are invited to attend the ceremonies and they were in need of a new sound system to hold the events. CMAC made a donation for a new sound system.
- Dan shared about a sleep study the VA is conducting, called Improving sleep, sleep-related outcomes, and biomarkers in Veterans. The purpose of this research study is to

learn about how receiving bright light or negative ions in the morning might affect sleep in Veterans of all ages. To determine if eligible:

<https://octri.ohsu.edu/redcap/surveys/?s=EDAKYRNTF4>. Those interested can also contact OHSU/VA study team at 503-468-6002.

- Curt Loop shared they are still working on holding the AUSA 6th Regional Conference in April near Seaside/Astoria.
- Buck Marr thanked CMAC for our donation to MOAA which will go to help their scholarship endowment.
- Marlene shared the Caring Closet in Salmon creek has durable medical equipment for seniors who are unable to afford them. Hours are limited and you will need to call ahead to 360-258-0039. Their address is 1206c NE 146th Vancouver, Wa 98682.
- Dan shared their will be more Afghan Refugees coming to our area and is looking on how we can help. He has been in contact with the Lutheran Community Services who is working to help the refugees coming to Clark County. Dan will let us know if there have been any new updates at future meetings.
- Sarah Fox shared the City of Vancouver is seeking volunteers for a Strategic Plan Advisory Committee. If you are interested in being a part of it, please reach out to Sarah Fox at sarah.fox@cityofvancouver.us.
- Ron Powers shared Donna Larson will be the new Director at Clark College Veterans Resource Center.

Events/Announcements

- VBMA will be starting up our history talks on February 17, 2022 at the Red Cross Building at Vancouver Barracks. Their guest speaker is Dr. Scott Stabler from Grand Valley State University. Dr. Stabler, a noted historian, will talk about General O.O. Howard focusing on Reconstruction. He will also talk about Sarah Winnemucca and her work with General Howard. We will update as soon as we know the time of the event.
- REACH Too is hosting a Veterans Support Circle the last Thursday of each month starting at 5pm starting July 29th at the REACH Center, 1601 E. Fourth Plain Blvd, Building 17 (in the basement)
- Virtual workshops for living with chronic pain. There is more information about the upcoming workshops on our website. To register for their virtual events taking place from February through November, please call 564-397-5700 or email zena_edwards@wsu.edu.
- Dave Casteel shared in a prior meeting about the Burn Pit Registry and if you know of anyone exposed to Burn Pits, please have them register using this link <https://veteran.mobilehealth.va.gov/AHBurnPitRegistry/#page/home>.

Like us' on Facebook at www.facebook.com/CommunityMilitaryAppreciationCommittee/
Or visit us at our website at www.cmac11.com

If you would like to add your event to our Calendar of events, please email:
Stephanie Collazo-Serrano, at CMAC11.Secretary@gmail.com

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