Community Military Appreciation Committee (CMAC) Meeting Minutes of February 11, 2022 40et8 and VIA Zoom

Executive Board Members Present: Co-Chairman – Larry Smith, Co-Chairman – Mike Burton; Operations-Marlene Varga (Excused), Secretary – Stephanie Collazo-Serrano, Treasurer – Bruce Evans (Excused), Board Directors Present: Chaplain - James Mead (Excused) Supply/Website - Bill Hauser (Excused), Safety-Roy Billings (Excused), Outreach -Dan Sockle, Members at Large Present: Frazier Raymond (Excused), Sean Gibson, Alex Patterson (Excused); Elizabeth Johnston (Excused), Samantha Whitley (Excused), Teresa Wheeler, Minh Pham, Ron Powers, Jay Williams, Michelle Marra (Excused), Sarah Nein, (Excused) [9]

CMAC Members Present: Steven Stanley (Young Marines), Patrick Locke (Toastmasters), JoAnn Strickland (CMAC), Sally Obrien (Aux #14), Richard McHugh (CVI), Buck Marr (MOAA), Rod Williams (MOAA), Curt Loop (AUSA), Pat Spring (CMAC), Ralph Walker (CMAC), Ron Ostrander (CMAC), June Lasch (Red Cross), Amanda McCullum (1st Choice), Mark Espiritu (US Army), Ryan McDonald (US Army), Dan Mays (US Army), Mark Springer (CMAC), Les Lomax (40et8) [18]

Meeting called to order by Larry Smith

- 1. Pledge of Allegiance: Mike Burton
- 2. Prayer/Inspiration: Larry Smith

CMAC Scheduled Events:

• Our Community Salutes-March 30, 2022, 6:30pm, Skyview Highschool

CMAC 2022 40 et 8 and Zoom

Feb 25th 40et8 and Zoom 8:30 AM Mar 11th 40et8 and Zoom 8:30 AM Mar 25th 40et8 and Zoom 8:30 AM

CMAC Summary

- Sean went over the details of Our Community Salutes. After the meeting on February 25th, we will be putting together the flags and boxes for OCS for those that are available to help.
- Marlene will start working on Memorial Day Ceremony and will update us at future meetings. We are looking to have the event on the parade fields and be like our past events prior to covid.
- Dan shared Heroes Night will be June 11th at the Pearson Air Museum. Time will either be 3pm-7pm or 4pm-8pm. There is a possibility of having food carts similar to Saturday Market that will be at the event along with non-profit tables as done in previous events. Dan will get the forms out soon for the tables. If you have any suggestions of a police, veteran, fire, healthcare, or teacher hero that you would like to honor, please email Dan at dsockle@gmail.com.
- Larry shared the new Historic Trust President is Michelle Reeves. Michelle will be coming to speak at CMAC in the future and will be working on projects at the Trust to honor our veterans.

- Dan shared the Lutheran Services is sponsoring 150 Afghan families in Vancouver.
 Please contact Dan at <u>dsockle@gmail.com</u> if you would like to get involved with the Lutheran Services to help the families.
- Mike shared the Veterans Therapeutic Court is holding their upcoming graduations. Judge Parcher took over for Judge Zimmerman and if you are interested in showing the graduates some support, the next graduation is being held on February 28th in the Courtroom G-2 located at 1200 Franklin Street, Vancouver, WA 98660. You can also view the graduation via Zoom. Please email Stephanie at cmacl1.secretary@gmail.com for the Zoom link.
- Mike shared the VA is seeing some improvements in their services opening back up. Due
 to many of the employees out due to covid, many of the services had been put on hold or
 were not running at full capacity. The VA benefits office will open back up by midMarch.
- Larry shared the Marshall Awards are being held in April and if you would like to nominate a youth or public leader for the awards, please visit the National Historic Trust's website at https://www.thehistorictrust.org/marshall-awards/.
- Bob Day shared they are working to get the PT boat serviceable by summer. He shared that Tom Cates, who is currently the only mechanic working on the PT Boat is looking for an apprentice to help. If you know anyone who might be interested, please contact Dan Sockle at dsockle@gmail.com.
- Mike shared the projector at the 40et8 is bad and so CMAC will take on the cost of replacing it.
- Rod Williams with MOAA thanked CMAC for their generous donation last year. The donation has already gone to help the VA Transplant Lodge to help the patients there.
- Larry shared we are looking to add more members to our organization who are looking to get involved in helping further our mission. He encouraged us to reach out to people you might know who are interested in joining us. We want to make sure that we continue the organization and its mission.

Events/Announcements

- VA to Expand 3 Caregiving Programs by 2026. Email copied and sent from Mike Burton: As reported on January 25, by Aaron Kassraie for AARP, the VA has announced plans to expand three of its home- and community-based caregiving services to its 171 medical centers by the end of 2026. Services are expanding to areas with the highest unmet needs and will include the addition of 58 medical foster homes, 70 veterandirected care programs, and 75 home-based primary care teams within these programs: Home-Based Primary Care; Medical Foster Home; and Veteran-Directed Care. https://www.va.gov/GERIATRICS/pages/Home_Based_Primary_Care.asp
- Dan Sockle shared about a sleep study the VA is conducting, called Improving sleep, sleep-related outcomes, and biomarkers in Veterans. The purpose of this research study is to learn about how receiving bright light or negative ions in the morning might affect sleep in Veterans of all ages. To determine if eligible:
 https://octri.ohsu.edu/redcap/surveys/?s=EDAKYRNTF4. Those interested can also contact OHSU/VA study team at 503-468-6002.
- REACH Too is hosting a Veterans Support Circle the last Thursday of each month starting at 5pm starting July 29th at the REACH Center, 1601 E. Fourth Plain Blvd, Building 17 (in the basement)

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- Virtual workshops for living with chronic pain. There is more information about the upcoming workshops on our website. To register for their virtual events taking place from February through November, please call 564-397-5700 or email zena edwards@wsu.edu.
- Dave Casteel shared in a prior meeting about the Burn Pit Registry and if you know of anyone exposed to Burn Pits, please have them register using this link https://veteran.mobilehealth.va.gov/AHBurnPitRegistry/#page/home.

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Or visit us at our website at www.cmac11.com

If you would like to add your event to our Calendar of events, please email: Stephanie Collazo-Serrano, at CMAC11.Secretary@gmail.com

CMAC Mailing Address

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